



Stroke Support Group

**First Thursday of Every Month
2:30-3:30 p.m.**

Topics include

- Adaptive sports
- Healthy eating
- Home modifications
- Pain management
- Stress management

And a special presentation given by Valerie Green, stroke survivor and founder of the B Center/Global Stroke Resource Center

Each meeting will also include group sharing and Q&A. All stroke survivors, families and caregivers are invited to attend.

For more information, please contact Sara Cacciatore, MS CCC-SLP at 407 587-8651 or Sara.Cacciatore@healthsouth.com.

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