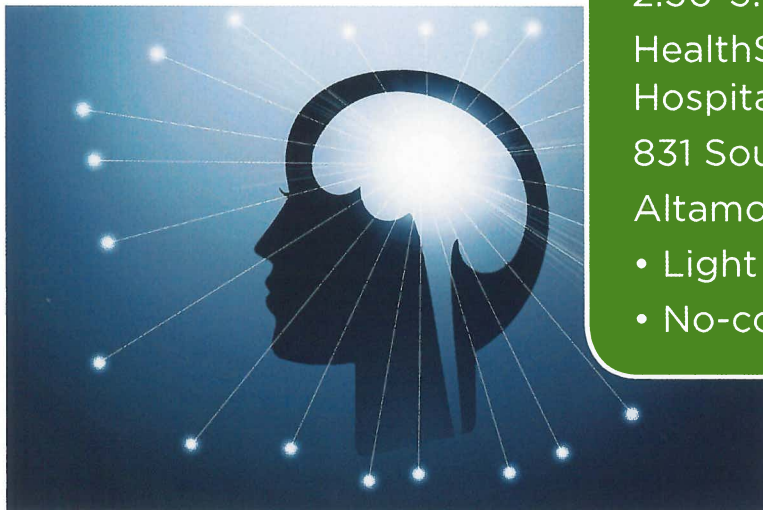


STROKE SUPPORT GROUP

Share, Learn, and Support One Another

Welcome to a support group for stroke survivors, caregivers, and their loved ones. This group is meant to be a place where ideas and experiences can be shared through supporting each other. Each month features a new topic or activity such as stroke prevention, home modifications, community reintegration, relaxation techniques, return to driving, and even chair yoga or painting! Together, we can create a better quality of life!



Stroke Support Group

First Thursday of Every Month
2:30-3:30 p.m.

HealthSouth Rehabilitation
Hospital of Altamonte Springs
831 South State Road 434
Altamonte Springs, FL 32714

- Light refreshments served
- No-cost event

**For more information, contact Sara Cacciatore
Sara.Cacciatore@HealthSouth.com or 407 587-8651.**

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